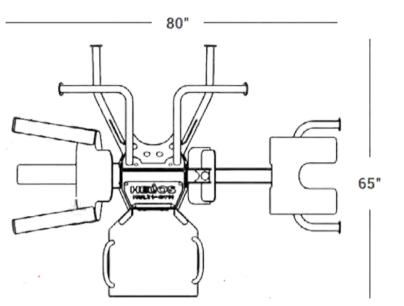


Spartan Multigym



KEY FEATURES

- Four (4) users
- **✓** Four (4) stations
- ✓ 32+ different full-body exercises
- Weatherproof and tamperproof
- **✓** 15-year warranty
- **✓** No moving parts



TECHNICAL SPECIFCATIONS

Height: 85" (216 cm) **Width:** 80" (204 cm)

Fall Height: 84" (213 cm)

O4 cm) **Use Zone:** 13" x 12" (33 cm x 31 cm)

Length: 65" (166 cm) **Weight:** 450 lbs. (204 kg)

Shipping Dimensions: 44" (112 cm) W x 45" (122 cm)

L x 85" (216 cm) H

Shipping Weight: 585 lbs. (265 kg)

Instructional Placards: Reverse print with UV-stabilized ink on 1/4" thick Lexan. Bolted to the columns with a stainless steel trim ring using stainless steel carriage bolts.

Frame: Constructed of 3/16" and 1/4" thick heavy-duty steel. All fasteners are tamperproof stainless steel carriage bolts with a smooth, rounded head and square neck. The locking nuts are shielded behind a padlocked access hatch.

Finish:

- All parts have surfaces prepped and cleaned of all mill scale, rust, oils, and dirt using shot blast and/or chemical wash
- Primer coat is applied with epoxy zinc-rich primer (3-4 mil thickness) and cured in oven
 - o Primer designed for superior rust protection. Tested for 3000 hours of salt spray resistance
- Top finish coat is applied with TGIC-FREE weather-resistant polyester powder (3-4 mil thickness) and cured in oven
 - o Tested for 1500 hours of salt spray resistance
- · All parts inspected to be free of paint defects prior to shipping

Accessibility: It is the manufacturers' opinion that the Spartan Multigym conforms to the A.D.A. accessibility standard, assuming an accessible protective surfacing is provided or within the entire use zone.





16" Plyo Platform

- Steel non-slip diamond treadplate
- Integrated horizontal and vertical support handles made of 1" thick tubing
- Instructional placard with graphics and QR codes for fitness programming and how-to videos
- Exercises available:
 - o Plyo Step Ups
 - Elevated Knee Touches
 - Seated Crunches
 - Box Jumps
 - o Bulgarian Squat
 - o Incline Push-ups
 - + More

Vertical Abdominal Knee Raise

- · Back pad is angled properly and ergonomically
- Rubber forearm pads
- Instructional placard with graphics and QR codes for fitness programming and how-to videos
- Exercises available:
 - o Straight Leg Raise
 - o Bent Leg Raise
 - o + More

Adjustable Back Extension Bench

- Adjusts at four different points for people of different heights
- Instructional placard with graphics and QR codes for fitness programming and how-to videos
- Exercises available:
 - Lower Back Extension

Calf Raise

- Square aluminum non-slip treadplate
- Instructional placard with graphics and QR codes for fitness programming and how-to videos
- Exercises available:
 - Single-leg calf raises
 - o Double-leg calf raises

Chin-up Bar & Dip Bars with Assist Mechanism

- Solid steel assist lip to provide assistance
- Instructional placard with graphics and QR codes for fitness programming and how-to videos
- Exercises available:
 - Wide Grip Chin-up
 - o Narrow Grip Chin-up
 - o Hammer Grip Chin-up
 - o Dips
 - o + More